

Raising \$49,330 to Surgically Remove Toxic Dental Work Contributing to Kidney Failure and 9 Other Ailments In Type-1 Diabetic Mother of an 11-Year-Old Blind Boy

An Appeal by John C. A. Manley | October 15, 2018



In 1991, scientists from the University of Calgary put six sheep under general anesthesia. According to the *American Journal of Physiology*,¹ the researchers next placed 12 dental fillings (containing 50% mercury) into each of the sheep. Within 30 days the kidney function of all six sheep tested as “significantly impaired.”

In 1985, my wife Nicole had her first (of many) dental filling placed. Nearly 30 years later she woke up with an intense headache and extreme vomiting. Her kidney function tested as “critically impaired” – less than 15% functionality. Since that time she has been receiving dialysis treatment three times a week.

As I will demonstrate, vapour released from mercury fillings is absorbed into the bloodstream wrecking havoc on the brain, kidneys and other organs. Not only does Nicole have 11 amalgam fillings, she also has three root canals. The byproducts produced by bacteria trapped in the smaller canals left after a root canal procedure may be more damaging than the lethal mercury fillings. And, possibly worse, the four (or more) cavitations she has leftover from extracted teeth are most likely breeding even more lethal, gangrene-like infections.

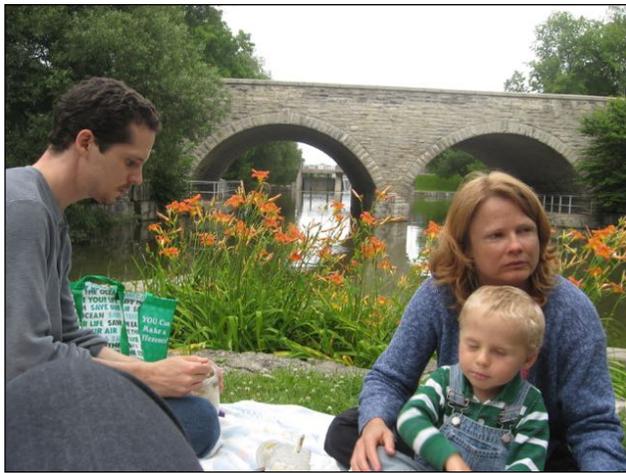
Nicole was diagnosed with type-1 diabetes at age 9. This led to numerous cavities and infections. Sadly, as I will outline here, the use of toxic material for her dental work has

been a chief contributor to four decades of ill health culminating in chronic kidney disease, cognitive problems, depression and systemic nerve damage.

I'm endeavoring to raise enough money to have a total dental revision completed by a biological dentist certified in the Huggins Applied Healing Method. It is our hope that Nicole may be able to regain enough kidney function to discontinue dialysis if we: replace all the toxic dental work with biologically safe material, extract the dead teeth, remove mercury tattoos on the gums and clean out the infected cavitations.

Secondarily, we are hoping that the removal of these heavy metals and infections from her mouth will improve her ability to manage type-1 diabetes, alleviate depression, improve brain function, increase energy and avoid future health calamities.

What Caused the Kidney Failure?



Nicole woke up on a Saturday morning, in March 2009. She had planned to take our son to the park. Instead she began vomiting black fluid and having severe diarrhea. A few hours later she found herself in the ER being told she was in stage-five kidney failure.

“There is no cure for kidney failure,” said one of the doctors. “You will never get their function back.” Talk about a God complex.

A catheter was surgically inserted into an artery in her neck and dialysis treatment

began. Three days a week she spends five hours at the hospital having her blood pumped into a machine, filtered and then pumped back into her body.

The reason for the kidney failure was blamed solely on the type-1 diabetes. Today, however, we have an expanded viewpoint. We think that a chief cause of the kidney failure may be toxic dental work. In particular:

- **3 root canals** that have been shown to be a breeding ground for bacteria that can infect the kidneys and produce toxins that destroy kidney cells.
- **11 amalgam fillings** which contain 50% mercury. “In severe cases of inorganic mercury intoxication,” says a Yale University study, “the function of the kidneys can be limited and death might occur due to acute kidney failure.”²
- **4 mercury tattoos** left on the gums which bacteria in the mouth can convert into the more deadly organic form of methylmercury.
- **4 bridges and crowns** made of other toxic metals — including nickel (the most carcinogenic element known to man).
- **4+ cavitations filled** with a gangrene-like infection in her jawline.

In short, between deadly infections and toxic dental material, the WHO should severely fine Nicole's mouth as a hazardous waste site.

Not only may the toxic dental situation be partly responsible for the kidney failure, but evidence shows it causes other health problems which Nicole has dealt with for the last 41 years. These health issues include: reproductive problems (our first child was a stillborn), birth defects (our second child was born blind), depression, nausea and poor digestion, brain fog, chronic fatigue, anxiety and more.

6 Studies Showing Dental Work Causes Kidney Failure

In case you think it sounds far-fetched that a trip to the dentist could result in kidney failure, I've compiled a list of studies supporting the theory:

1. A 1991 Danish study by the Department of Environmental Medicine at Odense University found that even small injections of mercury into mice resulted in damage to their kidney tissue.³
2. The 2012 *Journal of Environmental and Public Health* shows that mercuric salts "generally targets the gastrointestinal tract and the kidney." It goes on to state that "metallic mercury is also deposited in the... kidneys."⁴
3. An article by Dr. Joseph Mercola describes the research of Mayo Clinic's Dr. Weston A. Price from the early 1900s. Price would remove the root canals from patients with kidney failure and implant them under the skin of a rabbit. 80% of the time the rabbit would develop kidney disease and die (I guess rabbits don't do dialysis).⁵
4. As already cited, the *American Journal of Physiology* published the results of an experiment on six female sheep. Within 30 days after receiving dental fillings all six sheep tested positive for impaired kidney function.⁶
5. Autopsies recorded in the *Swedish Dental Journal* found that those with amalgam fillings had eight times more mercury in their kidneys than those without.⁷
6. A study by the University of Gothenburg, Sweden found that donated kidneys averaged 6% more mercury for each amalgam filling the donor had. So if the (probably deceased) donor had five amalgams, their kidneys would have 30% more mercury than average. The study concluded that fish consumption had no effect. Instead, it states that "dental amalgams are the main determinant of kidney Hg [mercury levels]."⁸

Canada's ministry of health officially advises dentists: "Amalgam should not be placed in patients with impaired kidney function."⁹

I think it stands to reason that a total dental revision – if done correctly with all the safety precautions – will have a positive impact on Nicole's kidney function.

Why a Total Dental Revision Will Cost So Much

There are only two clinics in North America qualified to perform the five hours of surgery Nicole's mouth needs to safely free her body of the toxic overload she lives with. A total dental revision, using the Huggins Applied Healing Method would involve:

- 8 teeth extracted (including three root canals, 11 mercury fillings and three crowns).

- 4-8 old extraction sites opened and cleaned of anaerobic infections.
- 4 mercury tattoos (on soft tissue) removed.
- 3 (toxic) metal bridges removed.

Due to the deadly nature of mercury and the toxins being released by the infections, expensive safeguards and precautions must be put in place for the lengthy surgery. Done improperly, surgery could otherwise make Nicole far worse.

While the dangers of mercury are becoming more well known, most other dental material can also be quite harmful. As the Huggins Applied Healing website explains: “...serum is also drawn to be sent to a special laboratory for what is called the compatibility test. This shows which dental materials interfere with your specific immune function, and which ones can more safely be used in your mouth (more immune compatible with your immune system).”

Dr. Hal Huggins also discovered that the order in which fillings are removed and teeth extracted helps or hinders recovery. “Sequential removal of the fillings,” explains an article on Huggins Applied Healing, “requires that the quadrant containing the highest negative [electric] current filling be removed first. Then the quadrant with the next highest electrical charge is next.” While life-saving, this extends the time and expense of surgery.

Truly Holistic Dentistry (Not Merely Mercury-Free)

After much due diligence, we have decided to work with Dr. Blanche Grube (pictured with the late Dr. Huggins) and her team at the Center for Healing in Scranton, Pennsylvania. In addition to being trained directly by Dr. Hal Huggins, Dr. Grube has an impressive CV:



- degrees in both dentistry and integrative medicine
- board certified biological dentist
- past president of the International Academy of Biological Dentistry and Medicine
- fellowship with the Institute of Natural Dentistry
- accredited doctor of the Academy of Oral Medicine and Toxicology

Here is a short list of extra precautions taken by Dr. Grube’s team, extracted from their new patient packet:

- Administering vitamin C intravenously during surgery.
- Electrically neutralizing mercury gas that will escape during surgery, using a vapour ionizer.
- Sucking mercury vapour into a dental air vac suction, located by Nicole’s mouth.

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- Placing a rubber dam and sulfur cream to prevent particles harming soft tissue and gas being inhaled via the mouth.
 - Supplying oxygen via the nose to ensure a pure source of air for Nicole during the surgery.
 - Providing complete draping and protective eyewear.
 - Using more suction behind the rubber dam to absorb any mercury that makes it past.

Breakdown of Expenses (in Canadian Dollars)

The surgery, which will involve three appointments, is only part of the expense. Travel and accommodations are another factor. Finally, the temporary and permanent, full and partial denture arches to replace the extracted teeth (so Nicole can eat) will add up into the thousands.

Stage 1: Initial Consult & Evaluation

- \$690 Evaluation: Initial phone consult & in-clinic evaluation with Dr. Grube.
- \$340 Blood Work: Specific tests used to formulate treatment plan.
- \$100 Hair Test: Analysis of hair sample to evaluate toxicity.

Stage 2: Total Dental Revision

- • \$120 Taxi to London, Ontario: Three return trip fares for Nicole, Jonah and myself.
- • \$420 Shuttle Bus from London to Detroit, Michigan: Three return trip fares for Nicole, Jonah and myself.
- \$2,000 Flight from Detroit to Scranton, Pennsylvania: Three return trip tickets for Nicole, Jonah and myself.
- \$25,000 Total Dental Revision: Includes extractions, removal of bridging, removal of mercury tattoos and cleaning of cavitations under conscious sedation with intravenous vitamin C.
- \$450 Testing: Bio-compatibility blood test to select new dental material.
- \$3,000 Temporary Partial Dentures: For use for first six months while mouth heals.
- \$2,100 Accommodations: Rental for two weeks.
- \$4,800 Dialysis: Uninsured portion of six treatments outside of Canada.
- \$320 Passports: New passports for the whole family, including photos.

Stage 3: Permanent Dentures

- \$3,000 Permanent Partial Dentures: Placed six months after surgery once mouth heals.

Other Expenses

- \$3,000 Miscellaneous: Unexpected treatments and expenses; travel insurance. etc.
- \$1,000-\$4,000 Processing Fees: Deductions made for processing donations online.

That's a grand total of \$49,330. Any money that is leftover will be go towards covering the costs of Nicole undergoing the fasting program at the TrueNorth Health Center in Santa Rosa, California or a similar clinic. The surgery will remove the source of toxicity in her mouth, water fasting will clean out the build up in her body and kidneys.

This Isn't Cosmetic Surgery

“Don't come to our office if you want beautiful teeth... because it's not going to happen,” says Dr. Grube in a clinic video . “Don't come to see us if you just want to look gorgeous. That's not what we're all about. At Centers for Healing we are about healing.

"We acknowledge the fact that there is a fairly large percent of the population – probably a good 25% (maybe more) – that are very, very ill. Very sick. And one of the contributing factors to their illness is the dentistry that they have received over the years..."

Nicole knows she's going to lose at least eight teeth in Pennsylvania. She's already missing quite a number. Because of autoimmune reactions, she will not be getting implants. From a purely aesthetic point-of-view, it's going to feel like a downgrade.

“If you want everything [in your mouth] to feel like it did when you were 21... If you want to look like a superstar... If you want to have the best smile the planet can afford, please, don't come to us,” insists Dr. Grube.

Nicole just wants some relief from the long list of physical and mental health problems she has lived with for nearly forty years.

Why We Are Asking For Help



I think it's worth demonstrating that the reason we are not able to come up with \$50,000 in surplus cash is not because we live an extravagant lifestyle.

We live in a 63 square meter (640 square foot) apartment (pictured on right). One of the two bedrooms doubles as a home office from which I run a freelance writing and consulting business. We do not have cable or satellite (or a TV for that matter). There are no cell phones, smart phones (or even cordless phones).

We don't eat animal products and rely on whole grains, dry beans and seeds for the bulk of our protein needs. We don't drink, smoke or gamble.

We haven't had a vacation since our honeymoon 15 years ago. We rarely eat at restaurants (out of necessity rather than luxury). We might go to the movies or the theatre a couple times a year.

Nicole spends about 15 hours a week in the hospital receiving dialysis. She spends another 15 hours recovering. We also both homeschool our blind 11-year-old boy. Such a situation does not allow me an enormous amount of time or freedom to earn mucho dinero.

Would you like to help? Please, see back cover for ways to donate...

Homeschooling a 11-Year-Old Blind Boy

Nicole is not seeking help merely for her own benefit, but for the sake of our ten-year-old son, Jonah. Jonah has been blind since birth due to three eye conditions that developed in utero. He also shows many other signs of mercury toxicity (easily passed via the placenta).

On the subject of birth defects, the California's Office of Environmental Health Hazard Assessment now requires dentists to place this notice in their clinics (or risk a \$2,500 per day fine):



"WARNING: Certain dental procedures performed in this office can expose you to chemicals known to the State of California to cause cancer or birth defects or other reproductive harm or both. Those procedures can include sedation with nitrous oxide, root canals, placement or removal of crowns, bridges, and restorations such as mercury-containing fillings and use of dental appliances."¹⁰

A total dental revision can not reverse Jonah's birth defects. Nonetheless, a total dental revision will make it possible for his mother to better help him deal with his disabilities.

Since Canadian schools for the blind boast only a 10% literacy rate (according to The Alliance for Equality of Blind Canadians¹¹), Nicole and I have been homeschooling Jonah. He can already read and write in un-contracted Braille. It is, nonetheless, very difficult to juggle his education and special needs while receiving dialysis three times a week, managing type-1 diabetes and dealing with many other health issues such as...

Restless Leg Syndrome

According to the Institute of Behavioral Sciences, 30% of persons on dialysis suffer from restless leg syndrome.¹² Nicole is one of them. When not moving she feels an increasingly uncomfortable sensation in her legs that is only relieved by movement.

As the institute states in a 2006 issue of the medical journal *Drugs*, restless leg syndrome leads to "maintenance insomnia, and greatly impaired quality of life."¹³ Nicole can vouch for that one.

Mercury Fillings' "Mad Hatter" Effects

The 1994 edition of *Psychological Reports*¹⁴ published a study comparing 25 women with mercury fillings to 23 women without. Not surprisingly the women with the Mad Hatter fillings were shown to:

- suffer more symptoms of insomnia and fatigue

- express anger without provocation
- to be “less pleasant, satisfied, happy, secure, and steady”
- experience difficulty making decisions

Nicole can easily put a checkmark beside each of these symptoms.

“...amalgam mercury may be an etiological factor in depression, excessive anger, and anxiety,” concludes the same study, “because mercury can produce such symptoms perhaps by affecting the neurotransmitters in the brain.”

The National Health and Nutrition Examination Survey (2005–2008) surveyed 6,911 adults. It found that the less mercury in their bloodstream, the greater degree of depression they suffered.¹⁵ At first, this may seem to argue that mercury makes people less depressed. Yet, lower levels of mercury in the blood suggests that incoming mercury is being stored in tissues such as the brain, nerves and organs.

According to Mental Health Daily, mercury poisoning also causes: memory loss, suicidal thoughts, obsessive thinking, irritability, dizziness and confusion. Again, Nicole can put a checkmark beside all six points.¹⁶

Why Do So Many Dentists Commit Suicide?

According to a leading dental trade magazine, *Oral Health*,¹⁷ dentists are three times more likely to commit suicide than other white collar workers. It states that emotional illness ranks #3 on the list of health problems dentists face. In the general population, emotional illness ranks #10.

Likewise, a study published in *The Journal of Psychosomatic Research* concluded that people with type-1 diabetes “are at an increased risk for suicide.”¹⁸

While there may be many diverse reasons for depression among dentists and diabetics, *The Scandinavian Journal of Social Medicine* points to the silver elephant in the clinic:

...recent data indicates an accumulation of total mercury in the central nervous system of dentists. This is especially noticed in the pituitary, and is partly due to... the accumulation... caused by a person’s dental fillings. Build-up of inorganic mercury may lead to emotional changes and depressive disorders with a consequent increase in suicide attempts.¹⁹

So dentists’ pituitary glands appear to be congested with mercury vapour which they were exposed to while filling teeth. Many of those filled teeth belonged to people with type-1 diabetes (who are prone to dental infections).

The pituitary gland, according to an article by the Hormone Health Network, secretes oxytocin. “Low oxytocin levels,” the articles states, “have also been linked to depression and depression disorders...”²⁰

And mercury doesn’t just interfere with oxytocin production. A 2014 issue of *Neuroendocrinology Letters* states that mercury inhibits “other [feel good] neurotransmitters such as serotonin, dopamine, noradrenaline, and GABA” and “may lead to depression, anxiety and other disorders.”²¹

An End to Insomnia

Even if dental surgery does not provide an immediate cure of kidney failure and emotional distress, it will most likely help with sleep. In *Uninformed Consent*²², Dr. Huggins says mercury fillings and root canals interfere with acidic fibroblast growth factor (aFGF). aFGF is an enzyme which regulates the sleep/wake cycle.

Yet there are more direct ways heavy metals and toxins from dental work disrupt our sleep. As toxins accumulate, the blood becomes more acidic. To relieve acidity the brain triggers the respiratory muscles to increase depth and frequency of breathing. This accelerated breathing lowers carbon dioxide in the blood. While too much carbon dioxide will suffocate us, too little will also kill us. CO₂ is a relaxant, without which the muscles become tense and nerves agitated. Tension and agitation, common sense suggests, makes sleeping difficult.

Kirk Parsley, medical doctor for the Navy Seals, says in a Ted Talk²³ that "...research has repeatedly shown that being awake for 18 hours results in a performance on par with a blood alcohol level of 0.5.... Worse yet, pulling an all-nighter results in a performance on par with 0.8 to 1.0. But it's not just the heroic all-nighters... It's the insidious, night after night, of losing one hour here, two hours there, that's destroying our health."

Nicole has plenty of those insidious nights. "We know that chronic sleep deprivation," continues Dr. Parsley, "increases our risk for almost every disease: cancer, heart attacks, strokes, depression, obesity, diabetes. It increases our risk for accidents and even increases our risk for suicide."

A 2006 Turkish study from the University of Gazi,²⁴ followed the sleeping patterns of 43 dental nurses. Most dental nurses are exposed to mercury vapour on a daily basis. They were found to have a higher rate of insomnia compared to women of similar age and occupation.

If a total dental revision did nothing more for Nicole than improve sleep, it would probably be worth the cost.

"When we sleep," concludes Parsley, "our brains flush harmful neurotoxins, we consolidate memories, we reinforce learning, we repair our bodies, we fight off infection and disease, we replenish hormones and neurotransmitters, and, in general, we put our body in a physiological state to be able to thrive the next day..."

Why Dialysis Just Doesn't Work as Good as Her Ol' Kidneys

Since dialysis lasts for only a few hours a week, it does not offer the continuous blood filtration which functioning kidneys do.

Phosphates, for example, build up in the bloodstream drawing calcium out of the bones. This may explain why Nicole's leg fractured so easily in three places after slipping on ice five years ago.

Nicole must be very careful with a vittle as benign as water. If she drinks too much her face, legs and abdomen will become swollen. Water will pool in her lungs making it impossible to breathe while lying down at night.



The kidneys also regulate the level of sodium in the blood. Even though Nicole does not eat any salt, the sodium naturally present in foods will still raise blood pressure. Likewise, even though she does not eat any animal products, uric acid still reaches dangerous levels.

Weekends make all these issues more complicated. Nicole goes two days without a dialysis treatment (since the clinic is closed on

Sundays). To avoid edema she will fast for 24 hours on distilled water.

In addition to regulating electrolytes and blood pressure, the kidneys perform many other functions that are not replaced by dialysis, including formation of red blood cells (which is why Nicole has required many blood transfusions), vitamin D production and alkalization of the bloodstream.

So while dialysis keeps Nicole alive, it is no substitute for functioning kidneys.

The Link Between Dental Toxicity and Type-1 Diabetes

While our focus is on fixing the supposed “ravages” of type-1 diabetes, we are hoping a total dental revision will also help subdue the T1D monster itself.

“Diabetes... can result from an autoimmune process initiated by mercury’s attack of the pancreas,” writes Dr. Hal Huggins in *Uniformed Consent*²⁵. He also points out that mercury binds to insulin, making it inactive. Mercury also inhibits zinc, which is needed to make insulin.

A 2013 study published in *Diabetes Care*²⁶ followed 5,114 American adults for 20 years. It concluded that “people with high mercury exposure” were 65% more likely to develop “pancreatic islet β -cell dysfunction” (the cause of type-1 diabetes). The same study clearly cites that one of the “major sources of mercury accumulation in humans result from... elemental mercury exposure from dental amalgam fillings.”

The study does say that the organic mercury found in fish is worse than the non-organic mercury found in dental fillings. Organic mercury, it admits, has been linked to neurological, immune and cardiovascular problems. The study omits mentioning, however, that bacteria – such as those breeding in Nicole’s three root canals and four cavitations – can convert the non-organic mercury from the amalgam fillings into the more toxic organic mercury.

A 2006 study from the National Taiwan University’s Institute of Toxicology found that even “low-dose mercury-induced oxidative stress” caused mice to lose their ability to produce insulin.²⁷

Many people would argue that dentistry has nothing to do with Nicole's type-1 diabetes. After all, she developed type-1 diabetes before she ever received a filling. But as an article in the *International Journal of Risk & Safety in Medicine* states: "This is a frequent argument, but the fact is often overlooked that mercury from a mother's amalgam fillings may affect the fetus."²⁸

Dr. Hal Huggins explains in an iHealthTube interview²⁹ that root canals and improperly extracted teeth cause periodontal disease. In many cases, the jaw bone is infected a quarter inch below the tooth. A study from the State University of New York showed that "periodontal infection may complicate the severity of diabetes and the degree of metabolic control."³⁰

So, while our focus is on reversing the kidney failure, we see no reason to stop there. Evidence suggests that a total dental revision could be part of a cure for type-1 diabetes. At the very least, it will help with blood sugar control and minimize the complications of type-1 diabetes.

A Living Battery: Electricity in the Mouth

As if heavy metal poisoning and infections weren't enough:

"...if you mix any two or more different metals in the mouth in the form of metal fillings with saliva, which acts as a conduit, an unnaturally high electric current will flow through your head..." writes Dawn Ewing, R.D.H., Ph. D., N. D. in *Let the Tooth Be Known*. "Ultimately the result of the various metals in fillings reacting with saliva is that the oral cavity essentially becomes a living battery."³¹

And where does that "oral battery" discharge?

According to Dr. Hal Huggins, in his book *It's All In Your Head*³², the current takes the path of least resistant. In most cases, that's a direct route to the brain. Such a charge may explain the frequent brain fog and occasional seizures that Nicole experiences.

In April of 2017, for example, Nicole suffered severe pain throughout her mouth for several days. At the same time she was having difficulty thinking and speaking. This culminated with her becoming incapable of speech and losing consciousness for an hour.

Other problems that such oral-electro galvanism reportedly causes (and Nicole suffers): eye problems, insomnia, psychological problems, lack of concentration and memory, mouth pain, headaches and nausea.

Normally, the body's electrical reading hits around 450 millivolts. With fillings it goes as high as 1000 millivolts, according Dr. Ewing. "This kind of highly charged electrical current is suspected of overpowering the body's normal electrical flows and potentially interfering with energy flow to the brain. It is also suspected of causing various irritations to the nervous system."

This electric current generated by Nicole's fillings, bridges and crowns may also cause the mercury, nickel and cadmium in her dental work to corrode and leech even more intensely into the body.

But Wait, That's Not All... Other Health Problems Caused by Dental Toxicity

Suffering from kidney failure and type-1 diabetes makes Nicole's other health problems look benign. Nonetheless, I'd like to quickly show that many other health problems she and others endure may also be caused by toxic dental work and infections.

A collaborative 2012 study from various universities in Brazil, states that mercury poisoning can result in "irritability, fatigue, behavioral changes, tremors, headaches, hearing and cognitive loss, dysarthria, incoordination, hallucinations, and death."³³ Nicole can put a check mark beside all those symptoms, except tremors and death. (Though she's come pretty close to dying a few times).

For example:

- Nicole can easily get irritated over matters that wouldn't bother other people.
- She suffers from constant fatigue and needs frequent naps.
- Her behavior can change radically from one moment to the next.
- Headaches are less common than they used to be as long as she keeps up with various cleansing therapies (such as enemas and saunas).
- She definitely doesn't hear as well as she used to, often asking people to repeat things or to speak louder.
- She has suffered from severe episodes of dysarthria – slurring of speech – that last anywhere from two to 24 hours. In 2012, she was hospitalized because she could no longer speak properly (due to brain inflammation).
- During such flare ups, she's also hallucinated. Though, fortunately, this isn't too common.
- Coordination has always been poor, often resulting in her falling on cement or ice. She has the scars to prove it (plus a few bolts from the time when she fractured three bones in her leg).

In *Uninformed Consent*, Dr. Huggins lists many other problems associated with mercury poisoning that Nicole suffers: low hemoglobin count, mutated gut bacteria that interferes with digestion, candida yeast infections (which feed on mercury), loss of personality and near-sightedness.³⁴

"Nearly every chronic degenerative disease has been linked with root canals," writes Dr. Joseph Mercola.³⁵ This includes cancer.

The Cancer Connection

Dr. Robert Jones performed a 5-year study on 300 breast cancer patients, as reported by *Holistic Dentistry News*³⁶. He discovered 93% of breast cancer patients had root canals. The other 7% had other toxic dental work. In all cases, the tumors grew on the same side of the body as the dental work.

The last thing we want is to add cancer to the long list of health problems Nicole has had to deal with.

Relief for Nicole's Asthma as Well

Several times a day Nicole has minor asthma attacks which she has been able to control (but not eliminate) using special breathing exercises from Russia. Asthma, also, may be relieved or eliminated thanks to a total dental revision.

The *International Journal of Risk & Safety in Medicine*³⁷ presented a case study of a 5-year girl who had two severe cavities. Her dentist placed two amalgam (50% mercury) fillings. Four months later the girl developed asthma.

More than a decade later, unable to attend university due to the asthma, the now young lady had both her amalgam fillings removed. She then developed a skin rash which lasted seven months. After which, the article states: "All eczema and asthma was now absent, despite the hot and humid climate and exhaust gases to which she had been exposed, factors which earlier had seriously aggravated her symptoms."

Eight years later, she is reported to be in "full health." It would be nice if I could report the same about Nicole in eight years.

Mercury Fillings Banned in 28 Countries

The toxicity of mercury fillings has now been recognized by the European Union. According to an article on Mercola.com³⁸, amalgam use will be banned in all 28 countries of the EU for children under 15 and nursing and pregnant mothers. This took effect July 1, 2018.

Amalgams had already been banned for all ages (or, at least, severely restricted) in four European countries: Norway, Sweden, Denmark and Germany (according to *The Guardian*³⁹).

If mercury fillings are deemed too dangerous for use now, they were too dangerous for use when Nicole had them placed 32 years ago. Sadly, the Royal College of Dental Surgeons of Ontario won't be paying for their removal.

"The Greatest Masquerader of Our Time"

"The disease symptoms are insidious and overlap with the symptoms of many other diseases," writes Dr. Alfred V. Zamm in *Dental Mercury Poisoning*. "Mercury poisoning is the greatest masquerader of our time. Dentists are not in a position to see the cause and effect relationship of the insertion of mercury and the development of illness three to ten years later. Even the patient himself does not connect the illness to the original dental process."⁴⁰

According to Dr. Huggin's book, *It's all In Your Head*,⁴¹ the American Dental Association admitted in 1984 that 5% of the population is "sensitive" to mercury. Hal Huggins points out that even 5% of 300 million people is considered an epidemic. That's more than 15 million people in the USA alone.

Notwithstanding, Huggins' own testing, using a mercury patch, showed that nine out of ten people have a systemic reaction to mercury. 73.3% of people, for example, suffered depression and 90% developed autoimmune diseases (including diabetes).

“...when an atom of mercury embeds itself in a cell,” writes Huggins, “that cell looks different to your immune system and the immune cells are told to kill that unusual looking cell. The instances of these diseases are expanding exponentially, and, according to my observations, the combo of the new high-copper amalgams and root canals are primary causative factors.”

Today, the ADA says only 1% of people are sensitive. Researchers like Dr. Hal Huggins, however, find 90% are not just sensitive, but suffering greatly from mercury fillings. What do you believe? Actual tests or a prestigious organization?

And, as if 11 mercury fillings were not enough, Nicole has also to deal with 3 root canals...

“Few Things Threaten Anybody’s Health As Much as a Root Canal”

“The root canal remains the sacred cow of ‘modern’ dentistry,” writes lawyer and cardiologist, Dr. Thomas Levy, “yet Hal [Huggin]’s work, bolstered by the laboratory analysis and expertise of Dr. Boyd Haley, has shown clearly that few things threaten anybody’s health as much as a root canal. Much of the mercury fight has finally been won, but the good that Hal has done for all humankind will be even more enormous once the root canal procedure becomes but a footnote on the infectious and toxic annals of dentistry and never gets inflicted on a patient again.”⁴²

In 2000, the American Association of Endodontists published a paper⁴³ attempting to defend root canals against information people find “surfing the Web.” (Actually, I acquired most my information from reading books written by dentists.)

While omitting details, the paper acknowledges the “faulty science” of Dr. Weston A. Price (who worked in the 1930s for the Mayo Clinic). Price conducted thousands of experiments showing that diseases could be transferred from humans to rabbits by extracting root canals and placing them under the rabbit’s skin.

The Endodontists paper claims, however, that “decades of research contradict the findings of Dr. Price.” Yet the paper fails to tell us where we can find any of this research.

Dr. Hal Huggins explains, during a lecture at the Price-Pottenger Foundation, that: “The American Dental Association says: ‘This has been investigated by dentistry and by some of the most sophisticated people in medicine and found that all of Price’s work was wrong.’ Okay. Let’s look and see who these medical people are who did this meticulous research. I looked into that. How many did I find? How many are listed in there? Zero. That’s not even part of the truth. No research was ever done to prove Price wrong. Why? Because a researcher is not going to be dumb enough to do it. And, because Price was not wrong. Price had more documentation than anyone has ever put together on something like this.”⁴⁴

In *Uninformed Consent*,⁴⁵ Huggins states that bacteria originating in a root canal get trapped in kidney tissue, poisoning the entire body. Judging by the sores that appear on the skin behind Nicole’s right kidney, I’d wager this is true.

Why Not Get Any Dentist to Pull the Teeth?

We originally looked at having a local dentist pull Nicole's offending teeth. But after much study we realized this would most likely create an even bigger problem.

"...if you just take the tooth out and do nothing more," says Dr. Huggins in an interview on iHealthTube, "by actual measurements, 63% of those people will end up with another autoimmune disease they did not have before they had it removed. Because... there is a way to do it right and there are many ways to do it wrong. And if you treat the patient wrong that's when they end up with the other diseases..."⁴⁶

In *Uninformed Consent*⁴⁷ Huggins lists several reasons why extracting toxic teeth improperly can create even worse problems:

- Often times the periodontal ligament (which buffers between the tooth and jaw) is left behind after an extraction. The infected and exposed ligament can breed even more bacteria and their toxic byproducts.
- Extraction sites often don't heal properly because the type of pain medication used constricts blood flow to the site.
- Dentists typically don't allow sufficient bleeding after extraction. This results in cavitations that breed highly toxic bacteria that can survive without oxygen.
- The order in which the teeth (containing metal fillings) are removed has a critical affect on the nervous system, accelerating healing or disease.

Few dentists appear to be aware of these issues, no less able to avoid them. For this reason we need to work with a doctor certified in the Huggins Applied Healing Method.

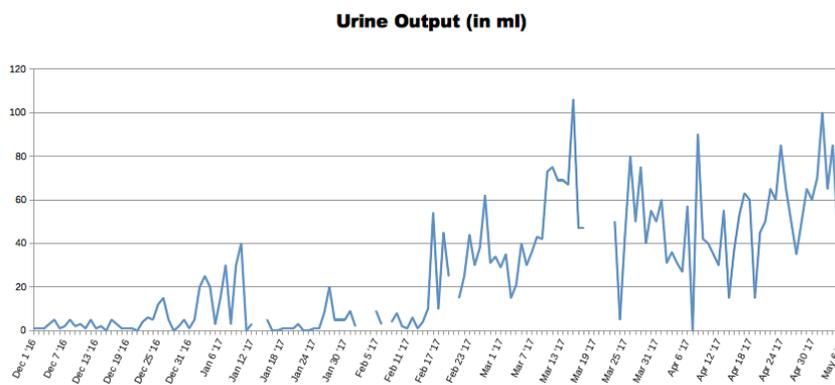
"So, yes, if, if, if, all these procedures are done then you can turn around a lot of the incurable diseases at a very high rate," says Dr. Huggins. "But leave out one or two steps, it doesn't work. So it's very touchy."

But Can Kidney Damage Be Reversed?

Conventional medicine would say that even if the cause of the kidney failure is removed, once they fail, they fail. I do agree that simply removing the cause may not be enough, but we have no intention of relying on the total dental revision alone.

In the last two year, for example, Nicole has already seen a 500% improvement in kidney function (see chart on right). By 2016 she was averaging only a few drops of urine per day (irregardless of how much water she drank).

Since that time she has adopted alternative methods of healing and detoxification (such as distilled water fasts). She has produced as much as 100ml (nearly half-a-cup) of urine per day.



We cannot expect all of Nicole's health problems to heal miraculously and instantly once the toxic dental work is removed. Likewise, we cannot expect them to heal at all if those heavy metals and infections are not removed.

A Holistic Approach to Healing the Body After the Dental Revision

“So, if it is done properly you can start putting the body back together,” continues Dr. Huggins in the same interview. “And that’s where the blood chemistry tells you what you need to do to stimulate healing. Because just getting rid of the enemy does not restore the nervous system, the heart system, the kidney, the liver, none of it. All of that comes simultaneously or afterwards...”



One measure of mercury toxicity, according to Dr. Hal Huggins in his book *It's All In Your Head*⁴⁸, is based on the damage it has done to proteins in the blood. Simply divide the total amount of protein in the blood (Nicole's is 11g/dL) by how much albumin it contains (Nicole's is 3g/dL). Albumin is a special type of protein that easily becomes contaminated with mercury. The less albumin, the more mercury.

A healthy ratio of albumin to total protein is 3.0. “Those with a ratio below 2.6 responded more slowly,” explain Huggins, “and those below 2.1 were even slower reactors.” Nicole's ratio is 1.3.

So, we do not expect that my wife's health problems will immediately vanish once Dr. Grube's clinic removes the toxic dental work. We do, however, expect her ailments will decrease to such an extent that she has a realistic chance at reversing them.

In particular, after the surgery, Nicole will continue using various healing method which have already increased her kidney function. Central to these is fasting with distilled water. Fasting allows her body to clean and regenerate kidney tissue. She'll also continue with Buteyko breathing exercises, infrared sauna therapy, enemas, topical amniotic fluid therapy and other methods that we have tested and found effective.

Right now, however, Nicole still has so many trapped infections and heavy metals contaminating her mouth. Until they are removed it's a near impossible battle.

“Detoxification... doesn't do a whole lot of good before the dental procedures are done,” explains Dr. Hal Huggins. “[It's similar to] a guy drying off while standing in the

shower. This is detoxification while you still have root canals, cavitations, nickel crowns, implants, all these things, in the mouth.”

Remove the Dental Toxins and Rebuild Nicole's Body

In the end, we are looking at raising \$49,330 to cover travel expenses, extensive dental surgery and dentures. The benefits should domino from Nicole's mouth to her entire body.

Right now she struggles to get by relying on two forms of life support therapy (injected insulin and hemodialysis) while dealing with multiple trapped infections and toxins leaching into her blood, lungs and bowels from her mouth. Even if a total dental revision did not result in her kidneys healing, it should most definitely yield many physical, mental and emotional benefits which could make life more bearable.

We plan to document and publish the entire experiment via our website (www.diabeticDharma.com). Such research could in turn benefit thousands of other people living with type-1 diabetes and kidney failure.

I don't know about you, but I'm not one to wait around for mainstream medicine to find a cure for kidney failure, no less type-1 diabetes. Here's a chance to put some money towards a specific experiment where you'll be able to witness the results. You can reach me by phone, Skype or email if you would like to discuss the matter (contact information below).

As of this printing we have raised \$9,203. Still \$40,127 to go. A donation of any amount is greatly appreciated. Please turn to the back cover of this appeal for different ways you can donate and spread the word. Thank you in advance for your generosity.



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